

## **Alignment Bleach Bonding (ABB)**

Are you happy with your smile? Or is there something about your smile that you wish you could change? Are your front teeth crowded? Do they stick out and do they have gaps between them? Are they tipped back or are they rotated and out of line with the rest of your teeth? Are you thinking about veneers, but are worried about the amount of drilling of healthy teeth that is needed in order for your dentist to place veneers on your teeth?

With the Inman Aligner, you can straighten your front teeth in a matter of weeks, and combined with tooth whitening and edge bonding you can dramatically change the appearance of your smile without invasive treatment.

We think it is really important for our patients to be able to maintain a healthy smile for a lifetime, which is why we are so keen on preventing dental disease and educating our patients on how to look after their teeth and mouths. We feel the minimally invasive approach of alignment, bleach, bonding can give our patients self confidence and satisfaction with their smile without compromising a healthy mouth.

(ABB is a way of changing the appearance of a persons teeth without causing damage, and in some cases, if

desired, can give a result that looks like veneers have been placed.)

The natural tooth is a beautiful unique structure, and it is very difficult to replicate all the characteristics and details. By treating teeth with ABB the natural tooth form and character is kept and not covered.

## **Alignment**

We can provide treatment with the Inman aligner, which is used for straightening the front teeth.

## **Bleach**

Following this with tooth whitening is a safe effective way of brightening the teeth.

## **Maintenance**

All dental treatment must be looked after and maintained with routine dental visits and by following the advice of the dentist and hygienist. The nano-composite used

to bond to the edges of the teeth will need polishing and repairing over time, and tooth whitening may need "topping up". All orthodontic tooth movement (tooth straightening) needs to be maintained by a permanent retainer.

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