

## **Post-operative Instructions following Inhalation Sedation (Happy Air)**

**There is often a period of disorientation following the treatment.**

For this reason children should not be left alone for at least thirty minutes

Children should be under the supervision of a responsible adult for the rest of the day.

Children should not do sports or ride a bicycle.

### **Adult patients:**

The first time you undergo dental treatment with inhalation sedation you should be accompanied by a responsible adult.

An escort may not be required for future visits however:

Unaccompanied adult patients who have received nitrous oxide/oxygen inhalation sedation :

- must adopt caution before driving or operating machinery
- should avoid signing legal documents
- may be asked to remain in the clinic for up to 30 minutes after treatment is complete.

**Eat normal meals and take regular medicine as normal, avoid alcohol**

**If you have had a tooth out please make sure you read the post extraction information sheet too.**

**If you have any problems please contact the surgery.**

Telephone: 01384 292666

Out of hours information is given in a recorded message on the answer phone