

Instructions to patients receiving new partial/full dentures

A great deal of care and skill has been used in the production of the denture(s), which you have received. To enable you to learn to use the denture(s) as quickly as possible and get the greatest benefit from them you are asked to note the following advice:

- Eating may be difficult at first. Cut your food into small pieces, and take your time with chewing. Avoid tough and sticky foods over the learning period.
- Remove your denture(s) and clean them after each meal. A soft brush with soap and cold water are satisfactory for cleaning. Alternatively, a proprietary denture cleaner may be used, following the manufacturers' instructions. Please check the suitability of any proprietary denture cleanser carefully if your denture has metal components or a soft lining.
- Remove your denture(s) at night and store in water to prevent drying out and warping. Wearing your denture(s) continuously may lead to an infection.
- Pain and soreness sometimes occur with new dentures. Adjustment may be required. If the pain is severe, leave the dentures out and arrange an appointment with your dentist as soon as possible. If possible wear the dentures the day you return to the dentist so that the sore area may be seen.
- Never attempt to adjust the denture yourself.
- Always remove dentures before cleaning your teeth or using a mouthwash.

New Dentures



01384 292666

Wall Heath Dental Practice
7 High Street
Wall Heath
West Midlands
DY6 0HA

Tel: 01384 292666
email: info@wallheathdental.co.uk
www.wallheathdental.co.uk