

News From Your Dentist

WallHeath
**DENTAL
PRACTICE**

Dear Patient

Welcome to our spring 2013 newsletter. We have had a busy start to the year with our renovation works, and the illness of our hygienist Carol who many of you know. Our thoughts are with Carol as she recovers from her illness. Elaine is doing very well with her young baby boy and enjoying being a mum. It with regret that we inform you that Jane Lishman will not be returning to work at Wall Heath after her maternity leave as she and her family have decided to relocate to Wales. We wish her all the best for the future and hope she is really happy with her move.

Renovation work complete!

During the early part of 2013 we have invested in a "state of the art" decontamination facility and in the staff and storage areas of the practice. The extensive design and refurbishment work has been carried out by Promec, a local company based in Bridgnorth, who specialise in refitting dental practices. The process of cleaning and sterilising our dental instruments by our nurses is now carried out in a dedicated room separate from the surgeries. We have always had a strong commitment to infection control and our nurses take a real pride in the cleanliness of the surgeries and all the equipment we use. Our decontamination room is equipped with the highest standard of washer disinfectors and autoclaves available. We are really pleased with the result and the surgeries are much quieter and cooler as a result. We also have an office and a new TV in reception!



Change in hours

We will be offering slightly different hours from the summer with a later finish each day at 5.15pm, apart from thursday which will be 6pm every week.

Services

In addition to regular dental care we offer:

Inhalation sedation (Happy Air) to help you relax

Cosmetic dentistry

Dental Implants

Inman Aligner

Hygiene treatments to assist with a cleaner healthier mouth

MI dentistry - what does it mean for you?

Minimal Intervention or MI dentistry uses the very latest dental materials, products and techniques to keep your teeth and gums healthy for life, minimising the need for invasive and potentially expensive treatments. After all, prevention is better than cure. Take a look at Denplan's recently launched website all about MI dentistry @ www.miteeth.co.uk There are also some great facts and activity sheets for kids to download.

Early detection of oral cancer

In our last newsletter we told you about the importance of seeing a dentist regularly for an oral cancer screening and the importance of reducing risk factors for the disease by stopping smoking and cutting down on alcohol. Lucy has recently been to a talk by a local consultant about the early detection of oral cancer and Jo and the rest of the team will be going on the same course in July. The consultant, Professor Hamburger, told the audience that oral cancer is increasing particularly in females, and is affecting younger people more frequently than in the past. This is thought to be due to changes in alcohol consumption and "binge drinking". Sexual transmission of the HPV virus is also thought to be causing the increase in oral cancer. This is the same virus that teenage girls are now being vaccinated against to protect them from cervical cancer. It is hoped by many in the dental community that the government will change it's policy in the future and start to vaccinate boys too. We recommend at least a yearly examination by a dentist to screen for changes in the mouth lining.



For more information see www.mouthcancer.org

Dental x-rays - did you know...

We are using the latest in direct digital sensors meaning instant xrays on our computer screens, the quality is great, and the main benefit to our patients is a reduction in dose of radiation by about half compared with conventional film dental xrays.

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Our hours

Please contact our reception team to book an appointment:

Monday to Friday	Alternate Thursdays
08:30 to 12:30 and	10:30 to 14:00 and
13:30 to 17:00	15:00 to 19:00



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At the heart of dental care