

News From Your Dentist

WallHeath
**DENTAL
PRACTICE**

Dear Patient

Here is your autumn 2013 newsletter. We welcome Elaine back from her maternity leave following the birth of her baby boy, she will be working in the surgery with Jo and Lucy and also assisting the reception team at busy times.

This is an active part of the year with lots of events for promoting oral health, September is Colgate's oral health month, followed by "Stoptober", and Mouth cancer action month in November. So it's a good time of year to think about your oral health and make some healthy changes to your lifestyle before Christmas arrives!

New joiners to Denplan membership schemes in September will receive a Colgate electric tooth brush. We also have some half price vouchers for anyone else who would like to purchase one of their brushes.

"Stoptober" is back: Thousands of people will be taking on the 28 day challenge. Join them: <http://www.smokefree.nhs.uk/stoptober>

If in doubt get checked out

More than 6500 people will be diagnosed with mouth cancer this year in the UK, including young, old, smokers and non-smokers. Without early detection half will die. Know the risk factors and visit the dentist regularly for screening.



Stoptober, it's like October but without the cigarettes.

Tooth whitening safety

A new website to protect the public from illegal and harmful tooth whitening has been launched recently.

Under the guidance of the Tooth Whitening Information Group (TWIG), the website www.safetoothwhitening.org aims to educate the public on how to achieve tooth whitening in a safe and legal way.

If you are considering tooth whitening outside of a dental practice have a look at the website for advice.



Stop for 28 days and you're five times more likely to stay smokefree.

New Patients Welcome

We are always happy to welcome new patients and we especially enjoy seeing those that come as referrals from our existing patients. If you have family or friends who could be interested in joining the practice then please pass on our details.

You may also like to ask them to visit our website www.wallheathdental.co.uk

Keeping in touch with you

We offer a text message reminder system for your booked appointments. Three working days before your appointment you will receive a free text message to remind you of the time and date of your appointment. To ensure that you receive these helpful reminders please check that reception has your correct telephone numbers.

Services

In addition to regular dental care we offer:

Inhalation sedation (Happy Air) to help you relax

Cosmetic dentistry

Dental Implants

Inman Aligner

Hygiene treatments to assist with a cleaner healthier mouth

Our hours

Please contact our reception team to book an appointment:

Monday	Tuesday/Wednesday/Friday	Thursdays
08:30 to 12:30 and 13:45 to 17:00	08.30 to 12.30 and 13.45 to 17:15	09:30 to 13:30 and 14:30 to 18:00

Telephone: 01384 292666

Email: info@wallheathdental.co.uk

