

Keep Smiling!

Regular visits to the dentist are a crucial element of preventive care, alongside a good oral hygiene routine and a healthy diet. We believe in providing our patients with as much choice as possible when it comes to paying for their dental treatment. Whilst we offer private dental care on a 'pay as you go' basis we also offer a selection of payment plans. Budgeting for your oral healthcare is simple with payment plans such as Denplan Care, helping you to spread the cost of dental visits and treatment through a set monthly fee. Fees are based on your individual oral healthcare needs, and not grouped together in one price band like insurance. Where one patient enjoys good oral healthcare their monthly fee will be lower than a patient who requires more attention and treatments, and their fee will reflect this. Either way, each patient knows what their dental care will cost and the treatment it will cover, which will help them to avoid any unexpected large dental bills throughout the course of the year. Denplan also includes mandatory Supplementary Insurance, providing worldwide dental injury and dental emergency cover as well as mouth cancer cover. Where most insurance cover is only used in times of trouble, dental cover is designed to be used regularly by everyone.



Disabled Access

We now have a low level door bell by the front door and the back door. Our back door only has a small step. We have ramps which the receptionist can put out at either door. Please ring the bell and we will assist you.

Parking

We have a small car park to the side of the practice, following your feedback we have made some alterations; widening the entrance and gaining a couple of spaces. If it is full the Prince Albert Public House have agreed to let our patients use their carpark when visiting us.

Broken tooth? Lost filling?

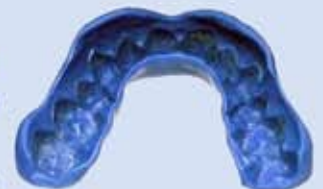
When booking your check up appointment if you are having a problem please let the receptionist know, at times we may be able to allocate you more time, but if not it helps with efficient surgery running if we know in advance if you are having trouble.

New Patients Welcome

We are always happy to welcome new patients and we especially enjoy seeing those that come as referrals from our existing patients. If you have family or friends who could be interested in joining the practice then please pass on our details.

Don't risk ending up toothless in the tackle

Kids could face trying times for their dental health by not wearing mouthguards when playing rugby, says a leading dental health charity. Only a third of our children are wearing mouthguards while playing rugby at school reports the British Dental Health Foundation. Not wearing a mouthguard can result in cracked or even knocked out teeth, and with that severe pain and a lifetime of extensive and expensive treatment. Mouthguards for children should not be optional; they should be one of the first things in the kit bag. Rugby by its nature is very physical and accidents happen, sports injuries are a leading cause of tooth loss in adults. Wearing a mouthguard is a simple and cheap way of protecting children's teeth.



Rugby Football Union (RFU) regulations ensure mouthguards are compulsory for all players involved in rugby activities above school level. Custom-made mouthguards fit the mouth accurately and protect teeth and gums properly and may help prevent damage to the jaw in a heavy blow which can happen in any contact sport.

Getting a child to wear a mouthguard should not prove difficult, just point at their favourite player and he or she will be wearing one. As role models rugby players are great advocates for mouthguards. You can also get them in team colours, so children can support their team with pride when they next run on to the pitch. [source: www.dentalhealth.org/news]

Services

In addition to regular dental care we offer:

Inhalation sedation (Happy Air) to help you relax

Cosmetic dentistry

Dental Implants

Inman Aligner

Hygiene treatments to assist with a cleaner healthier mouth

Our hours

Please contact our reception team to book an appointment:

| Monday | Tuesday/Wednesday/Friday | Thursdays |
|--------------------------------------|--------------------------------------|--------------------------------------|
| 08:30 to 12:30 and 13:45 to 17:00 | 08:30 to 12:30 and 13:45 to 17:15 | 09:30 to 13:30 and 14:30 to 18:00 |

Telephone: 01384 292666

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