

News from your dentist

Recent Denplan Excel Inspection

We have been a Denplan Excel practice since 2001 and were recently reaccredited following an inspection by an independent dental adviser. Mark Doyle visited the practice in September and spent the day with us, reviewing our policies, procedures and records. Mr Doyle is a Denplan dentist who works in Hereford and has worked as a practice adviser for Denplan for many years. He was really impressed by our practice and our recent CQC report. Denplan Excel is the UK's only fully validated quality assurance programme designed especially for primary dental care. Tested and used by practising dentists and their teams across the country for over a decade, it remains a premier mark of quality for our patients and practice that is recognised by the British Dental Health Foundation.

Every 18 months an independent dental advisor visits the practice to ensure that all the standards of the Programme are being met. These visits are unique to the Denplan Excel Accreditation Programme and provide assurance that you are receiving the best care and service available and that we are committed to an on going programme of improvement. This programme aims to improve communication between the patient and the dentist.

When deciding the right course of dental treatment we will try to fully explain the situation, discuss the options and take your wishes and opinions into account.



Broken tooth? Lost filling? Parking

When booking your check up appointment if you are having a problem please let the receptionist know, at times we may be able to allocate you more time, but if not it helps with efficient surgery running if we know in advance if you are having trouble.

We have a small car park to the side of the practice, following your feedback we have made some alterations; widening the entrance and gaining a couple of spaces. If it is full the Prince Albert Public House have agreed to let our patients use their carpark when visiting us.

Services

In addition to regular dental care we offer:

Inhalation sedation (Happy Air) to help you relax

Cosmetic dentistry

Dental Implants

Inman Aligner and Clear Aligners

Hygiene treatments to assist with a cleaner healthier mouth

ARE YOU MOUTH AWARE?

WHAT YOU NEED TO KNOW ABOUT MOUTH CANCER

Anyone can be affected by mouth cancer, whether they have their own teeth or not. Mouth cancers are more common in people over 40, particularly men. However research has shown that mouth cancer is becoming more common in younger patients and in women. In the last year 1000 people have been diagnosed with mouth cancer which is a dramatic rise, even compared with a decade ago.

Most cases of mouth cancer are linked to tobacco and alcohol, as well as the human papillomavirus (HPV) which is a sexually transmitted disease.

Signs and symptoms: Early detection is crucial with mouth cancer, it's vitally important to have regular dental checks which include screening for mouth cancer.

Look out for; ulcers which do not heal within three weeks, red and white patches in the mouth, unusual lumps or swellings in the mouth, head and neck area.

RISK FACTORS



Tobacco use



Alcohol



Poor Diet



HPV

MOUTH CANCER CAN AFFECT ANYONE

#MouthCancerAction  www.mouthcancer.org

New Patients Welcome Emergencies

We are always happy to welcome new patients and we especially enjoy seeing those who come as referrals from our existing patients. If you have family or friends who could be interested in joining the practice then please pass on our details.

Emergency appointments are available everyday. Please ring first thing in the morning or leave a message on the answer phone prior to our opening and we will certainly be able to fit you in. Most commonly the emergency appointments are at 12.15pm and 3.15pm.

Our hours

Please contact our reception team to book an appointment:

Mon	Tues/ Wed/ Fri	Thurs
08:30 to 12:30	08:30 to 12:30	09:30 to 13:30
13:30 to 17:00	13:45 to 17:15	14:30 to 18:00

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